



Suggested Itineraries

Great Lakes Seaway Trail Lighthouse Bicycling

Great Lakes Seaway Trail
Lighthouse Bicycling
9 days/8 nights 407 miles one way

Easy to follow Great Lakes Seaway Trail signage.
Difficulty: highway shoulder width and traffic volume changes.
Best for Experienced Bicyclist; make overnight reservation in advance.



The Great Lakes Seaway Trail is one of America's Byways and is recognized for its unique landscape, scenic freshwater coastline, and historical significance. This National Scenic Byway parallels 518 miles of shoreline along the St. Lawrence River, Lake Ontario, Niagara River, and Lake Erie in New York and Pennsylvania. www.seawaytrail.com
Great Lakes Seaway Trail, PO Box 660, Sackets Harbor, NY 13685
Contact: teresa@seawaytrail.com phone: 315-646-1000

- Day 1 Start at Erie, PA Presque Isle Light Station
Land Light, Eire
Barcelona Lighthouse
Buy some wine for later
Overnight at Clarion Hotel, Dunkirk
4 hours 48 miles to
- Day 2 Historic Dunkirk Lighthouse, Dunkirk NY
Stop at Frank Lloyd Wright's Graycliff Estate, Derby
Overnight in Buffalo
4 hours 46 miles to
- Day 3 Naval Harbor overlooking Buffalo Lighthouses
See Buffalo & Erie County Botanical Gardens, Buffalo
Overnight in Youngstown or Wilson
4 hours 42 miles to
- Day 4 Old Fort Niagara Lighthouse, Youngstown
Spend time at Old Fort Niagara, Youngstown
Overnight camping at Golden Hill State Park
2.5 hours 30 miles to
- Day 5 Thirty Mile Lighthouse, Barker
Oak Orchard Lighthouse
Overnight in Charlotte/Rochester
5 hours 68 miles to
- Day 6 Charlotte Genesee Lighthouse, Rochester
Take in Seabreeze Park
Overnight in Sodus Point
3.5 hours 38 miles

- Day 7 Sodus Point Lighthouse, Sodus Point
Bring your GPS & do some GeoTrail geocaching along the way
West Pierhead Lighthouse, Oswego
Overnight in Oswego
3.5 hours 40 miles
- Day 8 Selkirk Lighthouse, Pulaski
Stop at Seaway Trail Discovery Center, Sackets Harbor
Overnight at Youth Hostel, Cape Vincent
6.5 hours 75 miles
- Day 9 Tibbetts Point Lighthouse, Cape Vincent 1.5 hours 20 miles
To Grass Point State Park, boat to Rock Island Lighthouse

